

Confession Form

Sign of the Cross:

In the name of the Father, and of the Son
and of the Holy Spirit. Amen

Say:

Bless me Father for I have sinned. This is
my first confession. And these are my sins:

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I am sorry for these and all my sins.

The priest will talk to you about your sins and make suggestions on helping you to do better from now on. He will give you your penance. The priest will then make the Sign of the Cross over you and say "I absolve you of your sins in the name of the Father and of the Son and of the Holy Spirit" (This is called absolution.)

Say: Thank you Father

You may leave the confessional.....