

CONFESSION FORM

Sign of the Cross:

In the Name of the Father and of the Son and of the Holy Spirit. Amen

Say:

Bless me Father for I have sinned. This is my first confession. And these are my sins.

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Penance:

Fr. Ron will talk to you about your sins and make suggestions on helping you to do better from now on. He will give you your penance.

Act of Contrition

O My God,

I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

I have sinned against You,

whom I should love above all things.

I firmly intend with the help of Your grace to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Absolution:

He will then make the Sign of the Cross over you and say "I absolve you from your sins in the name of the Father and of the Son and of the Holy Spirit."

(This is called absolution)

Say:

Thank you Father

You may leave the confessional. The Children will be directed to the altar to say their Penance. Then they will join you in the pew.