

## St. Joseph Parish

### Penance Service

- Families will be seated together.
- Fr. Ron will greet the children and say an opening prayer.
- He will then read from the Gospel.
- There will then be a general examination of conscience.
- Followed by an Act of Contrition.
- The children will then individually go to confession which will be held in the Chapel.
- Following their Confession, they will go to the altar and say their penance and then rejoin you in the pew.
- You are also invited to receive the sacrament.
- The service ends with a final blessing by Fr. Ron
- Photographs – We ask that no pictures be taken during the Service.

### Dress

- Your child should wear their Sunday best as this is a sacrament.

## Who attends

All the family and extended family members. The sacrament will be extended to all.

## How Parents can help their child prepare

Practice the Confessional Form

- Role Play with your child
- Teach the Sign of the Cross
- Practice praying the “Act of Contrition”
- Go over the Examination of Conscience
- Practice “Our Father”, “Hail Mary” and “Glory Be”