# STEPS TO MAKE A GOOD CONFESSION

# 1. Before Confession, you should make an Examination of Conscience.

When it is your turn, enter the confessional or reconciliation room. Fr. Ron will give you a blessing or a short greeting.

# 2. Make the Sign of the Cross:

"In the Name of the Father and of the Son and of the Holy Spirit. Amen."

# And say:

Bless me, Father, for I have sinned. This is my first confession."

## 3. Confess your sins.

Fr. Ron will help guide the children through their confession.

## 4. Receive your penance:

Fr. Ron will talk to you about your sins and make suggestions on helping you do better from now on. He will give you your penance.

## 5. Fr. Ron will then give you absolution.

Fr. Ron will then make the Sign of the Cross over you and absolve you from your sins. Say *"Thank you Father Ron"* 

## 6. Say your penance:

The children will be directed to the altar to say their penance.